

WORSHIP LEADERS - MARCH

	March 2	March 9	March 16	March 23	March 30
Organist	Band Sunday	Stan Wold	Barb Erickson	Mary Garner	Barb Erickson
Assisting Minister	Kristen Hylenki	Linda Kalweit	Bob Kelley	Lubov Wilms	Cassie Borges
Sound Technician	Doug Maguire & Scott Ruzich	Steve Dalager & Scott Ruzich	Steve Dalager & Scott Ruzich	Steve Dalager & Scott Ruzich	Doug Maguire & Scott Ruzich
Reader	Cassie Borges	Layla Koch	Mark Pass	Mary Gagnon	Amanda Pokorny
Acolytes	Noah Winesett & Joey Peterson	Katie Carlson & Esmeralda Lew	Bryn Weberg & Sam Winesett	Journey Amundson & Martha Carlson	Danny Pass & Martha Carlson
Ushers	Alison & Duane Stucke	Paul Steklenski & Marianne Kjolhaug	Julie & Ryan Jagim	Barb Renick & Kathy Wimer	Paul Steklenski & Linda Kalweit
Nursery Attendants	Sue Pass	Cara Weberg	Stephanie Carlson	Terri Erickson	Daphne Amundson
Counters	Bob Forbort & Sharon Stenberg	Barb Renick & Joan Gunderson	Mary Gagnon & Rod Dahlquist	Bob & Carol Kelley	Lubov Wilms & Janine Dahlquist
Coffee Servers	Sherry Dalager	Renovation Committee	Eve Gathering	Rick & Marcia Troy	Service & Justice

ALTAR GUILD for the Month of March TBA

COMMUNION ASSISTANT for the month of March is TBA

All this is from God, who reconciled us to himself through Christ, and has given us the ministry of reconciliation. – 2 Corinthians 5:18

From the Pastor

Dear Friends in Christ,

“I said I was sorry,” I overheard my cousin’s young son say to her years ago at a family gathering about something he said or did to his sibling. “Good,” my cousin said. “*Now how will you make it right?*” After he said something to her and left, she could tell I was interested in what just transpired, and she said she was trying to teach her children that apologizing is only part of reconciliation, part of healing a relationship. If a toy was broken it needed to be repaired or replaced. If feelings were hurt, one needed to show the other understanding and do something positive with and for them to help restore balance, which may take time.

Lent is a journey of reconciliation – a season of becoming more intentionally aware of and open to God’s reconciling work in our lives and relationships. The journey begins with an apology of sorts – a long confession that is part of the Ash Wednesday liturgy on March 5 at 7:00 p.m., acknowledging the brokenness of our relationships with God, with our true selves, with one another, with the rest of creation. The 40 days continue with an invitation to prayer, fasting, and sacrificial giving – traditional disciplines of Lent – that help us engage the question, “How might God involve us in making things right?”

This Lent, our journey will be shaped in part by the Community of Taizé, which from its very beginnings has practiced the ministry of reconciliation in terms of prayer, reflection, and action.

+ Prayer

During the years of World War II and ever since, the brothers of Taizé have welcomed people of all nationalities seeking peace and solidarity through Christ who meets us in scripture and prayer. According to one resource about Taizé, “*By its very existence, the community is a sign of reconciliation among divided Christians and among separated peoples. It seeks to be a ‘parable of communion,’ a place where people seek to be reconciled every day.*” Visiting that ecumenical global village in the French countryside last summer, our time there included bible study and conversation with other families from Sweden, Germany, Belgium, Slovakia, and Spain, as well as worship with them and hundreds of young people (1500 the week we were there) three times a day in the style Taizé is known for: silent prayer punctuated by repetitive verses sung from scripture – like, “Jesus, remember me when you come into your kingdom,” though most were in other languages. “*Remaining in silence in God’s presence, open to the Holy Spirit, is already prayer.*” We’ll experience this pattern of worship during our Lenten services on Wednesday evenings, 7:00 p.m. starting March 12.

+ Reflection

What does reconciliation look like? The story of Joseph and his brothers will guide our reflection and conversation about reconciliation on Wednesday evenings before worship. After soup supper at 5:30, we'll spend time at 6:00 p.m. "Dwelling in the Word" and participants will have the space to reflect on their own lives in light of *Joseph's Journey*:

- + Joseph's family – Gen 37
- + God turns evil into good – Gen 39
- + God's gifts – Gen 40-41
- + Solidarity with others – Gen 42-43
- + Forgiveness and reconciliation – Gen 44-45

"Dwelling in the *World*" is another way to consider social issues in light of scriptural themes like reconciliation. And this month, our Religion & Science Dialogue group will begin an award-winning study of economic disparity and the ethics of globalization (see p. 6).

+ Action

Our individual reconciliation is not simply an end in itself. Our ministry of reconciliation is rooted in God's abundant reconciliation that has the power to permeate all our relationships. Paul is clear that *God* is the one who has reconciled us to himself through Christ, that our salvation is by grace alone. So "*Be reconciled to God,*" he says in v. 20, live as someone whom God has already reconciled. *God is the one who has made it right, and yet also involves us in this process.* For at the same time, he has also "given us the ministry of reconciliation," echoing Jesus' statement in the Sermon on the Mount, "*Be reconciled with your brother or sister*" (Matthew 5:24).

Here's where not only interpersonal issues but also societal issues of justice and the common good may come into view. And these pages include several opportunities for service and sacrificial giving – including the Neighborhood Breakfast, ELCA World Hunger, Chum Food Shelf – for us all to consider as part of our journey of reconciliation.

This Lent, I invite you to embark on this journey with God in Christ Jesus, of being open to God's presence and God's reconciling work in our lives and in the world.

See you in worship!
+ Pastor David Carlson

+ LIFE'S LANDMARKS +

Death
Muriel Jorgensen, Feb 1
A service is being planned for later this spring.

CONGRATULATIONS - The February issue of the *Duluth-Superior Magazine* published the results of its 6th annual survey of the 80 top MDs in our community. The winners are chosen by their peers, and Dr. Heather Winesett, a pediatrician at St. Luke's, and member of Gloria Dei, is one of the Top Docs. An additional article in the magazine describes an innovative well child visit program she initiated. We are proud of you Heather and we thank God for your gifts in the community!

A TASTE OF RUSSIA THANK YOU - to all who attended and brought food to the special gathering on February 23rd with Aleksandra Seliverstova from our companion synod. We all enjoyed delicious salads, borch, Russian rye bread and tea from a real samovar, while listening to Aleksandra share about God's inspiring work in the Ingrian Lutheran Church of Russia. It also happened to be her birthday and after singing she had a new experience of blowing out the candles. During her six week stay, she is not only improving her English, but is also learning about social service ministries in Duluth and in our Synod. Thanks to the Willms, Carlsons and Aitkens for hosting her part of her time here, to the Jagims for helping her serve at the neighborhood breakfast, to Patti for taking her to area nursing homes, and to Karen K. for showing her, her work with domestic abuse prevention.

REMEMBER YOUR THUMBS - most people do not wash their thumbs when washing their hands. ***Always Wash Your Thumbs*** when washing your hands!

MARCH BIRTHDAYS

- | | |
|------------------------|------------------------|
| 1 ~ Deb Hannu | 15 ~ Madeline Pass |
| 1 ~ Kristin Wold | 15 ~ Mark Peterson |
| 3 ~ Jennifer Madden | 17 ~ Andy Johnson |
| 4 ~ Nancy Gangeness | 18 ~ Maia Dalager |
| 4 ~ Eldora Recksiedler | 18 ~ Erin Maly |
| 6 ~ Theresa Johnson | 18 ~ Alison Stucke |
| 6 ~ Donna Kallio | 18 ~ Barb Erickson |
| 7 ~ Jerry Erickson | 21 ~ Marianne Kjolhaug |
| 8 ~ Karen Bockelman | 21 ~ Stan Ward |
| 8 ~ Pearl Johnson | 23 ~ Harriet Starkey |
| 8 ~ Marlaine Willms | 26 ~ Brenda Lufholm |
| 13 ~ Teagen Tessier | 27 ~ Greg Stevens |
| 14 ~ Grace Birdseye | 30 ~ Marcia Troy |
| 14 ~ Gunnar Gravley | 31 ~ Raine Amundson |

BISHOP CANDIDATE FORUM - MAR 15*Nominations for Synod Bishop Update*

The five Conference Assemblies met Sunday, February 16. One of their agenda items was to vote on the nominees for the Office of Bishop of the Northeastern Minnesota Synod. Per action at these assemblies the names of Paul Svingen Bishop Thomas Aitken appear on the first ballot for bishop at our Synod Assembly (May 2-4 at Breezy Point Resort). In addition to the two names there will be a blank line for write in candidates on the first ballot. Any write in candidates need to be a pastor on the ELCA clergy roster, submit to a background check, and be willing to serve as bishop.

Forums being planned so that members of the synod can meet the two nominees for bishop. These forums will be held on Saturday, March 15 in Duluth and Saturday, March 22 in Brainerd, immediately following the two Bishop Convocations (see article above). The forums will begin at 2:45 p.m. and will last one hour.

We continue to pray for the synod, its congregations and leadership, and the process of electing a pastor to serve the call as Bishop of the Northeastern Minnesota Synod.

- Rev. Rollie Bockbrader, Synod Secretary

FINANCE REPORT JAN 2014

Needed per month \$16,500

per week \$3,807

Envelope Offerings

Budget, 1 month \$16,500

Actual, 1 month \$13,564 82.1%

Difference, *behind* (\$2,936)

Our regular offering is a sign of worship and thanksgiving for all that God has done and continues to do. In our offering, we return to God a portion of what God has so graciously entrusted to us. **THANK YOU** for remembering your offering as a regular part of your worship.

STEWARDSHIP PRAYER - MARCH - Blessed are you, O Lord our God, maker of all things. Through your goodness you have blessed us with these gifts. With them we offer ourselves to your service and dedicate our lives to the care and redemption of all that you have made, for the sake of him who gave himself for us, Jesus Christ our Lord. Amen. *LBW p. 88*

MARCH LESSONS**March 2, 2011 TRANSFIGURATION OF OUR LORD**

Today's festival is a bridge between the Advent-Christmas-Epiphany cycle that comes to a close today and the Lent-Easter cycle that begins in several days. On the mount of transfiguration Jesus is revealed as God's beloved Son, echoing the words at his baptism. This vision of glory sustains us as Jesus faces his impending death in Jerusalem.

Exodus 24:12-18, Psalm 2, 2 Peter 1:16-21, Matthew 17:1-9

March 9, 2011 FIRST SUNDAY IN LENT

Today's gospel tells of Jesus' temptation in the desert. His forty-day fast becomes the basis of our Lenten pilgrimage. In the early church Lent was a time of intense preparation for those to be baptized at the Easter Vigil. This catechetical focus on the meaning of faith is at the heart of our Lenten journey to the baptismal waters of Easter. Hungry for God's mercy, we receive the bread of life to nourish us for the days ahead.

Genesis 2:15-17; 3:1-7, Psalm 32, Romans 5:12-19, Matthew 4:1-11

March 16, 2011 SECOND SUNDAY IN LENT

During Lent we journey with all those around the world who will be baptized at the Easter Vigil. In today's gospel Jesus tells Nicodemus that he must be born of water and Spirit. At the font we are given a new birth as daughters and sons of God. As God made a covenant with Abraham, in baptism God promises to raise us up with Christ to new life. From worship we are sent forth to proclaim God's love for all the world.

Genesis 12:1-4a, Psalm 121, Romans 4:1-5, 13-17, John 3:1-17

March 23, 2011 THIRD SUNDAY IN LENT

In today's gospel the Samaritan woman asks Jesus for water, an image of our thirst for God. Jesus offers living water, a sign of God's grace flowing from the waters of baptism. The early church used this gospel and those of the next two Sundays to deepen baptismal reflection during the final days of preparation before baptism at Easter. As we journey to the resurrection feast, Christ comes among us in word, bath, and meal—offering us the life-giving water of God's mercy and forgiveness.

Exodus 17:1-7, Psalm 95, Romans 5:1-11, John 4:5-42

March 30, 2014 FOURTH SUNDAY IN LENT

Baptism is sometimes called enlightenment. The gospel for this Sunday is the story of the man born blind healed by Christ. I was blind, but now I see, declares the man. In baptism God opens our eyes to see the truth of who we are: God's beloved sons and daughters. As David was anointed king of Israel, in baptism God anoints our head with oil, and calls us to bear witness to the light of Christ in our daily lives.

1 Samuel 16:1-13, Psalm 23, Ephesians 5:8-14, John 9:1-41

Join us for a look at the text for the next Sunday every Tuesday at 12 Noon in the Hillside Room. All are welcome!

MINISTRY OF WORSHIP

Worship God in proclamation of the Word and administration of the sacraments and through lives of prayer, praise, thanksgiving, witness, and service.

SPRING FORWARD! - DAYLIGHT SAVINGS—A reminder to set your clocks forward Saturday night March 8.



SAMARITAN SUNDAY, MAR 2 – Thanks for remembering: 1) canned food items to help replenish the CHUM Food Shelf, which are brought forward as part of our offering. 2) Our loose cash offering on the first Sunday has for several years gone to the Gabriel Fund, a ministry started by Gloria Dei and other Central Hillside parishes and managed through CHUM, for direct assistance to the needy.

ONE BREAD— *Thanks to One Bread*, our worship band, for leading and accompanying worship once a month. The next Sunday planned is Mar 2—with a “Camp Sunday” theme. Other Sundays, the liturgy will be led on organ, piano, and choir. We thank God for the gifts of all musicians at Gloria Dei!

ALTAR GUILD - will meet after worship on Sunday March 9th in the community room. Bring your coffee and treats and we'll see you there. Anyone interested in joining the Altar Guild is welcome to attend.

WORSHIP & FELLOWSHIP AT KING MANOR MAR 5 - Each month, Gloria Dei conducts a service and fellowship time at a senior residential home. This month, Pastor David is leading a worship service on March 5 at 2:00. This will be an Ash Wednesday service and include ashes and Holy Communion. All are welcome to join us.

LENT BEGINS MAR 5 – ASH WEDNESDAY - 7:00 p.m. worship with ashes and Holy Communion, an invitation to the season of Lent.

LENT 2014

March 5—Ash Wednesday

7:00 p.m. worship with ashes and Holy Communion

A 2:00 p.m. service will also be offered this year at King Manor.

An invitation to the season of Lent

Sundays During Lent

March 9, 16, 23, 30, Apr 6

10:00 a.m. worship with Holy Communion

11:30 a.m. class for new members and seekers with lunch in the Lakeside Room

CREATION CARE SURVEY—THANK YOU - A total of 82 surveys were completed—many thanks to all who participated in this 20-question survey, designed to help our Green Team better understand and support Gloria Dei's caring for the earth as a part of how we live out our faith. It is also part of Pastor David's Doctor of Ministry coursework and, it was helpful to have a good representation from the congregation. Results from the survey will be reported sometime later this spring.

CREATION CARE SYNOD RETREAT RESCHEDULED FOR

APR 11-12, 2014 - Due to the major snowstorm in late Feb, the event was postponed—giving more folks an opportunity to join us for this overnight retreat at Camp Hiawatha, entitled, “The Next Reformation,” for all people of faith who care about the earth. Cost for lodging and meals (supper, breakfast, lunch) is \$60 (\$30 for students). Topics will touch on worship (Season of Creation cycle A), education, and action. If interested in attending, registration forms are online at www.nemnsynod.org or see Pastor Carlson.

SOLAR ROUNDTABLE - MAR 6 at Pilgrim Congregational Church, 6:30-8:00 p.m. Join Environment Minnesota for this roundtable discussion - with a panel of solar businesses, local county officials, and experts will discuss how we can increase the amount of solar energy in Duluth.

SYNOD NEWS

BISHOP'S THEOLOGICAL CONVOCATION MAR 15

Elim Lutheran Church, Duluth, 10 am - 2:30 pm

(registration begins at 9:30 am)

Presenter: Professor Jeremy Myers, Augsburg College

Society's views and stereotypes of young people are based primarily on myths. Unfortunately, many of our ministry practices are influenced by these myths. Our dependence upon these myths is what drives young people away from the church. The biblical narrative and our theological heritage offer a life-giving framework that empowers us see our young people in a new light. This session will uncover some of the myths that cause us to frame our young people negatively and will offer practical ways to help you and your congregation to begin framing youth as children of God who have gifts to share and calls to live.

Cost of \$25 includes lunch (plus \$1.62 online registration fee).

Register at www.nemnsynod.org.

This annual continuing education event is not only for pastors. It is open to all in our synod: teens, young adults, those who work with youth and anyone interested.

EVANGELISM - WITNESS

1) Proclaim God's saving Gospel of justification by grace for Christ's sake through faith alone, according to the apostolic witness in the Holy Scripture, preserving and transmitting the Gospel faithfully to future generations. 2) Carry out Christ's Great Commission by reaching out to all people to bring them to faith in Christ and by doing all ministry with a global awareness consistent with the understanding of God as Creator, Redeemer, and Sanctifier of all.

RADIO ANNIVERSARY SUNDAY MAR 23 - Have a story to share about the Radio Broadcast? As we thank God for this ongoing opportunity of sharing the gospel through the Radio and through the Internet, and plan to celebrate 72 years on the air, we invite you to reflect on the value of this ministry and become involved: share a story, support a broadcast or a portion of the broadcast, gift a special gift of \$72 for the anniversary, consider learning what happens behind the scenes to be more hands on if you wish. Thank you for your prayerful support!

RADIO MINISTRY SINCE 1942

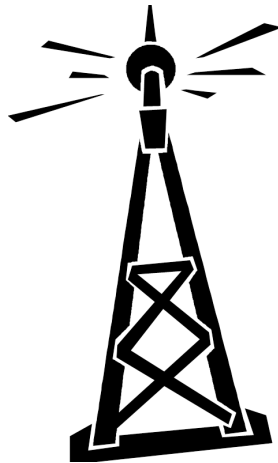
Become a friend of Gloria Dei Radio Ministry

- Worship with us on Sunday morning at 10:00.
- If you can't attend in person, listen to the live broadcast on AM 710 - WDSM Radio.
- Make a difference in our community by supporting Gloria Dei's Radio Ministry through your regular gifts, or as a special gift in memory or in honor of someone to recognize an event.
- Each Sunday broadcast costs \$230.
- Call the church office at 218-722-3381 to sponsor a Sunday and support the spread of the Gospel!

WORSHIP STREAMING LIVE ON INTERNET

1. Listen live using Windows Media Player:
Download Windows Media Player for best software interface with the audio stream.
2. After opening up the media player, type CTRL U (Hold down CTRL key, then press U key) which will open a new window asking for "URL."
3. To play live audio stream, copy and paste the following into the URL window:
<http://24.158.26.190:17543>

Note: you will only hear the live audio while the service is being broadcast, so if you are early just wait a few more minutes and try the link again.



Wednesdays in Lent

Mar 12, 19, 26, Apr 2, 9

5:30 Soup Supper

6:00 Dwelling in the Word: "Joseph's Journey" (Genesis 37-45)

7:00 Evening Worship, Taizé prayer around the cross



LENT SOUP SUPPERS with study and worship will begin Mar 12 – sign up to bring soup or bread downstairs near the kitchen.

NEED A RIDE/ GIVE A RIDE TO EVENING WORSHIP IN LENT?

Please note: No midday services are planned during Lent this year. If you would like to attend but need a ride in the evening, please call the church office. Also, if you can offer a ride to someone in the evening, please call the church office 722-3381.

MINISTRY OF DISCIPLESHIP

Nurture members in the Word of God so as to grow in faith and hope and love, to see daily life as the primary setting for the exercise of our Christian calling, and to use our gifts of the spirit for our life together and for our calling in the world.

INTERGENERATIONAL SUNDAY SCHOOL March 2 —'Tree of Life'

- The Bible is "book-ended" with two trees—one in the Garden of Eden and another in the Book of Revelation. This year, we'll be looking at those and other biblical images of trees in the Bible (stump of Jesse, family trees, the tree of the cross, for example) that speak to our lives of discipleship today. Join us once a month for singing, bible stories, crafts and conversations across the generations that will focus on one of these trees of life. **March's "tree of life" is the Mustard Seed (Matthew 13:31-32).**

Intergenerational Sunday School seeks to equip parents (and other adults) and kids with materials and tools to practice faith at home during the week. The other Sundays the Sunday School will focus on the Scripture readings that day and Adult Faith Forum will have its own schedule.

VLM CAMP SUNDAY - MAR 2

Gloria Dei is a member congregation of Voyageur's Lutheran Ministries. Once again, we are happy to welcome VLM staff with us to tell and show us more of the great opportunities we have as part of this wonderful ministry in God's great Northwoods! Joel Abenth, Executive Director for VLM,



will be preaching that morning, and he and other staff will be with us during an Sunday School in the Hillside Rm. beginning at 8:45. Then, after worship, we'll have a cinnamon roll fundraiser help reach our congregation's commitment (goal is \$800). at VLMcamps.org - by April 1 to receive an Early Bird discount . Dei also has camperships that will provide \$75 per camper to help with the cost. addition, there are sibling and "bring a friend" discounts, and financial assistance is available. more information, speak to Brett Amundson or Pastor David

ADULT FAITH FORUM – All are welcome to join us at 8:45 in the Hillside Room before worship.

Mar 2 - Intergenerational Sunday School (see above)

Mar 9 - BYOB (Bring your own Bible) to mark, underline, or add notes. March's BYOB topic continues with the "Timeline of the Old Testament."

Mar 16, 23, 30 - Completing the Book of Revelation DVD & Discussion with Luther Seminary Professor Craig Koester

OASIS/CONFIRMATION - This year, in addition to discipleship practices of worship, prayer, and service, our confirmation will focus on an overview of the Bible. We meet every other Saturday from 9:00-10:30 a.m.—this month March 1 & 15. *All families with students in grades 7 & up are welcome—please speak to Pastor Dave.*

CLASS FOR SEEKERS AND NEW MEMBERS Sundays Mar 9 - Apr 6, from 11:30-12:30 in the Lakeside Room. This is for anyone interested in learning more about Christianity and the Lutheran Church, being baptized or confirmed as an adult, or joining our parish. Lunch and materials will be provided. We will be using the helpful booklet, *Baptized We Live: Lutheranism as a Way of Life*, by Dan Erlander, to guide our discussions. Our class will meet for five consecutive Sundays, and new members will be received at the Vigil service on Saturday April 19. Current members also welcome for a review! If interested in attending, please contact Pastor Carlson so we can plan accordingly,

RELIGION AND SCIENCE IN DIALOGUE MAR 12 - 8 a.m. at Valenti's (London Rd). Pastor Carlson facilitates a monthly discussion group in the community on the topic of Religion and Science. The group is lively and engaging and group members continually bring in their own experience to connect our readings with current events and daily life. Newcomers are welcome! March's selection begins a conversation between religion and economics with the first 70 pages of *In Search of the Good Life: The Ethics of Globalization* by Rebecca Todd Peters.

RUBY'S PANTRY March 20 Ruby's Pantry-Coppertop has been distributing food at First United Methodist Church (the Coppertop Church) 230 East Skyline Parkway, Duluth on the



third Thursday of every month since 2010. Ruby's Pantry-Coppertop is a community partner of Ruby's Pantry; making food available to anyone who needs to stretch their food dollar. Due to increased transportation and warehouse expenses, the cost for a share of food is now \$20.00. For \$20.00 those purchasing a share will receive approximately two large boxes of food. Cash only, no checks or EBT cards will be accepted. There is no "typical" food order and contents of a share vary depending upon what food is available to Ruby's Pantry at the time. You will need to bring your own boxes (laundry baskets work very well). There are no income guidelines. The Pantry operates the third Thursday of every month with distribution from 5:30-7:00 pm. We depend upon volunteers to help with the distribution process. If you are interested in volunteering or have questions, please call First Methodist Church at 727-5021 or talk with Sue Anderson.

NEIGHBORHOOD BREAKFAST—March 22 All are welcome to join us for our free fourth Saturday Neighborhood Breakfast on Saturday March 22, from 9:00-10:30 a.m. in the Hillside Room.

BREAKFAST TEAMS ARE BEING FORMED – Can you be a breakfast team leader? Service and Justice Committee is working toward making breakfast teams. If you have kitchen experience or a desire to be a team leader or participate in a team please contact Kristin Hylenski or Pastor David Carlson at 722-3381. It would be good if we had a handful of team leaders who could serve each month on a rotating basis.

TAX SERVICE - Gloria Dei will again be hosting one of the free tax sites in Duluth. This year Gary Olson and Tom Uecker will be preparing taxes, and Carol Uecker will be greeting clients as they arrive. Church secretary Donna will be keeping the appointment list, now thru Apr 9. For an appointment, call the church office, 722-3381.

THE DAMIANO CENTER NEEDS YOU! The Damiano Center is looking for volunteers for their Saturday morning bread runs. Drivers pick up surplus bakery items from Cub Foods and bring them to the Damiano Center by 9:30 a.m. Food is used for the soup kitchen that serves 300 meals daily. Please call Maria Alecia, Volunteer Coordinator, at 722-8708 x100.

BUCK A CHICK FOR WORLD HUNGER - More than 800 million people—that is 1 in 8 people in our world today—are hungry. This Lent, the Service & Justice Ministry Team invites you to participate in our church's global response to hunger and poverty. For \$1, Sunday school children and other members can purchase and decorate this paper chick for themselves or in honor of friends and loved ones. We will hang the colorful chicks in a prominent spot. The funds raised will benefit ELCA World Hunger and help provide families in need with chickens, other animals and the resources they need to escape hunger and poverty for good.



MINNESOTA FOOD SHARE MARCH - March provides an unequalled opportunity for people to stretch cash and food contributions to local food shelves. Every donation receives matching incentive funds from the Minnesota FoodShare March Campaign and the Feinstein Foundation. donations are especially welcome. allow the Food Shelf to take advantage of lower prices available through local vendors. The campaign begins March 1 and runs for the entire month, so March is the best time of the year to help stock the Food Shelf. In addition to food items brought forward on March 2 for Samaritan Sunday, on March 30, the Service & Justice Ministry is designating the coffee hour money to the CHUM Food Shelf.



EMPTY BOWL - MAKE ONE AT GLORIA DEI APR 9 - Empty Bowl - an annual event in Duluth that benefits Second Harvest Northern Lakes Food Bank, which provides more than 3.3 million meals each year to people in need throughout northeastern MN and northwestern WI. preparation for this year's, Gloria Dei is hosting a night Wednesday, Apr 9 in which participants can use clay to make a. This coincides with our last Lent Wednesday gathering. Bowl making can start as early as 5:00 and continue soup and discussion, until 6:45. Many thanks to art instructor and Gloria Dei member Deb Hannu, who will be on hand to help guide the process, and fire the. Suggested donation (to Second Harvest) is \$10 you can either plan to keep your donate it to be filled with soup on the day of the event in. more information, or to help set up or clean up, contact Deb at 724-2973 or finnbee@charter.net.



FELLOWSHIP— “KOINONIA”

Manifest the unity given to the people of God by living together in the love of Christ and by joining with other Christians in prayer and action to express and preserve the unity which the Spirit gives.

GLORIA DEI QUILTERS - will meet on Tuesday March 4 at 6:30 p.m. in the Lakeside Room. New comers are welcome. No sewing experience necessary. For questions, call Marianne Kjolhaug at 722-1493.

ATTENTION ANYONE WITH A FABRIC STASH - The WELCA Lutheran World Relief focus for 2014 is “Sewing Kits”. Each kit will include 3 yards of cotton or cotton blend and two large spools of thread.

BOOK CLUB will meet on Monday March 10 at 10:00 in the community room. “The Cellist of Sarajevo” by Steven Galloway will be the book for the month of March.



COFFEE & CONVERSATION will take a hiatus for March, and reconvene in April. We usually meet on the 3rd Tuesday at 9:00 a.m. in the back room at London Road Perkins. For more information please call Marjorie Nelson.

LGBT ELDERS - This group gathers for support and fellowship and plans to meet on a regular basis as part of Gloria Dei's Welcoming Ministries. For more information, please contact Kathleen Gates gatespea@centurylink.net or 624-4589.

SWEDISH CULTURAL SOCIETY MAR 16 – Pastor Carlson is the speaker for this month's Swedish Cultural Society gathering at Gloria Dei, with a topic related to his recent sabbatical: “The Need for Roots: Genealogy and Sustainability in Sweden.” SCS gatherings begin at 3:30 pm with a business meeting, continue at 4:00 pm with a speaker, and conclude with a lunch at 5:00 pm. All welcome.

LAKE SUPERIOR CONFERENCE GATHERING MAR 11 AT GD – Gloria Dei hosts the Lake Superior Conference pastors *and other leaders* on Tuesday, Mar 11. Gathering begins at 9:30 with coffee in the Hillside Room, followed by an abbreviated Eucharist at 10:00, and a program from 10:30-11:30. Our speaker is Fred Friedman, attorney and lead public defender, speaking about “the justice of the justice system.” All welcome.

INTERFAITH STUDY GROUP GATHERING AT CSS MAR 30 - "Spring Harvest: A Community Interfaith Gathering," will take place

Sunday, Mar 30, from 2-4 pm in Somers Lounge on the CSS campus. The event is free and open to the public; refreshments will be available. Our gathering of interfaith study groups will honor our eight-year history and provide an opportunity to share ideas and experiences. We want to include readings by individuals from the sacred poetry and interfaith memoir writing groups. Study group facilitators will each share an overview of their groups' work (for example, Pr. Carlson's Religion & Science in Dialogue) and involve participants who could speak to how their study group has provided and changing perceptions of interfaith relationships. Please let Pr. David know if you plan to attend.

MINISTRY OF SERVICE

Purpose: Serve in response to God's love to meet human needs, caring for the sick and the aged, advocating dignity and justice for all people, working for peace and reconciliation among the nations, and standing with the poor and the powerless and committing to their needs.

CHAPLAIN'S REPORT - Patti Maguire

Busy, snowy, cold February go away! you are as tired of winter as I am, please know that SPRING is coming! , and very soon, we will see melting snow piles, warmer days and courageous pussy willows. as we know Lent starts March 5th and is followed by 6 weeks of reflections on God's promises, we know that Good Friday comes before our celebration of Easter. This most certainly is true!

February was filled with Valentines and healing, Blood pressure screenings and heart health education materials were distributed at the annual Valentine's party as well as the Neighborhood breakfast. We visited our friends at St Ann's with treats and conversation on Feb 11th. During worship on Feb 16th, prayers were offered to anyone who felt a need for healing. that service, some of the Care Team gathered around the baptismal fount to remember those who died this past year. Thanks go to the Care Team as they continue to reach out to those who are ill or cannot attend church on a regular basis. On March 5th the Health Cabinet will be worshipping with communion and ashes at King Manor at 2pm; feel free to join us.

Please see me if you have concerns or questions about any health care issues. I have a large library of books and resources in my office. The library includes videos, DVD's, and pamphlets, as well as books on a variety of illnesses and wellness programs. I'd love to share these with anyone who is interested.

CARE TRANSITIONS PROGRAM

Two of our members who are RN's, Barb Erickson and Bev Pehko-

nen, have recently completed the Care Transition Coach training for Gloria Dei. Transitions refer to the times when a patient moves between health care providers and settings as needs change during the course of a chronic or acute illness.

Barb and Bev have been trained to "empower" the patients in their own health care and to provide new skills to help the patients manage their own health care needs. To begin, Coaches will work with St Luke's Hospital and later will expand to other hospital systems.

How can you participate? If you are admitted to St Luke's, please ask to have Gloria Dei notified that you are a patient. Either Barb or Bev will visit you in the hospital before you are discharged.* After you are home, you will have a home visit which will include a review of your discharge orders and medication changes. will help you set goals for your care and clarify any questions you may have. After this visit, you will receive 3 follow up calls based on your needs/goals. ultimate goal is for you to be well, stay in your home longer and help you develop a voice in your care.

*Please know that this contact does NOT replace pastoral visits by Pastor David or Chaplain Patti. is a pilot program to see if this type of coaching can reduce patients returning to the hospital during the month or so after initial discharge.

February is American Heart Month Please take care of your heart by eating right, exercising regularly, and managing your weight. If you smoke, quit! If you don't smoke, don't start! Know your numbers; that is your blood pressure, blood glucose and cholesterol levels. See your health care provider with questions.

The warning signs for heart attacks are

- 1) chest discomfort in the center of your chest that lasts more than a few minutes,
- 2) discomfort in other areas of the body such as arms, back, neck or jaw,
- 3) shortness of breath accompanying chest discomfort, and/or
- 4) other signs might include cold sweats, nausea or lightheadedness

If you or someone you are with has one or more of these signs, call 9-1-1 immediately. Get to the hospital right away. you are the one having these symptoms, do not try to drive yourself unless you absolutely have no other option. 't worry about being embarrassed if it turns out to be "nothing"; no one ever died of embarrassment.

SOAP It's that time again. WELCA is collecting soap to be sent to Lutheran World Relief this spring. You can donate new, wrapped bars of bath size soap and place in the boxes in the Narthex or Lakeside room. Thank you!