

WORSHIP LEADERS - FEBRUARY

	February 2	February 9	February 16	February 23
Organist	Barb Erickson	Band Sunday	Stan Wold	Mary Garmer
Assisting Minister	James Crane	Sue Anderson	Jim Langworthy	Tanner Hall
Sound Technician	Doug Maguire & Scott Ruzich	Doug M. & Scott R.	Steve D. & Scott R.	Doug M. & Scott R.
Reader	Peggy Stevens	Gerry Erickson	Ken Wilms	Brett Amundson
Acolytes	Sam Winesett & Bryn Weberg	Journey Amundson & Molly Weberg	Deonta Lew & Danny Pass	Christian Leight & Raine Amundson
Ushers	Mary Gagnon & Joan Gunderson	Carol Kelley & Sandi Johnson	Per & Elaine Wickstrom	Lowell & Grace Johnson
Nursery Attendants	Terri Erickson	Daphne Amundson	Sherry Dalager	Katie/Chuck Erickson
Counters	Mary Gagnon & Rod Dahlquist	Bob & Carol Kelley	Lubov Wilms & Janine Dahlquist	Rod Dahlquist & David Gangeness
Coffee Servers	Roger & Judy Oman	Mary Savolainen	Eve Gathering	Sue Anderson

ALTAR GUILD for the Month of February is, Martaine Wilms, Alison Stucke & Helen Wikblad

COMMUNION ASSISTANT for the month of February is Janet Worthing

*From the depths of my soul I am calling out to you: Lord, hear my prayer.
Amid darkness and gloom send me your light: Lord, hear my prayer.
I search for your living water in the desert: Lord, hear my prayer.
My God, send into my heart a new song: Lord, hear my prayer.
- Hymnal of the Ingrian Lutheran Church of Russia, #91*

From the Pastor

Dear Friends in Christ,

A video clip of two Lutheran women near the Ural Mountains singing this song frames a new DVD segment being released soon about our companion synod relationship. Fifteen years ago, these women did not know Christ. But through the Lutheran church gathering around word and sacrament and emerging in that part of Russia, they and many others literally learned a new song, *the song of faith*, which the Spirit of God was cultivating in their hearts.

This is a good Epiphany song – a good midwinter song – with the image of Christ’s light coming amid the darkness, of God’s presence coming into the depths of humanity, bringing life to parched places. Like our Russian sisters and brothers, God enables such a song to emerge from our hearts too. And several things happening this month remind me of how God continues to teach us anew ways to sing the song of faith.

+ Our Intergenerational Sunday School on Feb 2 highlights the story of the tax collector Zacchaeus, who, after eating a meal with Jesus, *changed his tune*, restoring relationships with people he had wronged and embracing a life of bold generosity.

+ One Bread leads us in a *Midwinter Blues* service on Feb 9 with the parts of the liturgy composed by Gloria Dei members. The day before, Terrance Smith teaches us *fun songs and folk dances* at the annual Valentine Party with our Hillside neighbors.

+ Prayers of healing, the laying on of hands, and anointing – ancient practices of the church – are part of our worship on Feb 16 as we sing, *“Healer of Our Every Ill,”* bringing before God our needs of healing in all its dimensions and placing ourselves and all for whom we pray in God’s hands.

+ The theme of the Creation Care Retreat at Camp Hiawatha Feb 21-22 is “New Reformation: A Gospel for Earth Community,” highlighting how the current climate reality is at a critical turning point, calling people of faith toward a new reformation, one as significant as the 16th century Reformation. Singing songs like the *Earthkeeping Liturgy* we have sung at Glo-

ria Dei, dwelling in the scriptures appointed for this summer’s Season of Creation, and sharing stories of “anticipatory communities” help inspire us to *live into a new future with courage and hope.*

+ Bishop Tom Aitken of the Northeastern MN Synod and Gloria Dei member preaches and leads Adult Forum on Feb 23, not only bringing an update about our work together with about 140 congregations in the MN Arrowhead region, but also focusing especially on *engaging the “nones,”* those who according to the Pew Research Forum may believe in God but don’t want to join a religious organization. Engaging the “nones” may require a different set of assumptions in our changing culture. Building relationships with folks unfamiliar with church may be like *learning the song of faith anew.*

+ That same Sunday, Feb 23, Mrs. Aleksandra Seliverstova, Director of Diaconal Ministry of the Ingrian Lutheran Church of Russia, worships with us at Gloria Dei and gives a presentation at a lunch gathering being planned by WELCA. She will be in our synod for six weeks sharing about the Ingrian Lutheran Church of Russia in several churches, spending time sharpening her English language skills, and *learning more about diaconal work* (service for/with those in need) in our synod and our area. We are planning for her to take part in the Neighborhood Breakfast also that weekend.

+ Finally, I’m excited about a new book study and conversation about the *Holy Spirit* happening on Wednesday evenings Feb 12, 19, and 26 (see p. 6). As Martin Luther wrote in the *Small Catechism*, it is the Spirit who calls us to faith through the gospel, enlightens us with gifts, and keeps us in true faith. In other words, *it is the Spirit who teaches us to sing the song of faith and continues to teach us ways to sing it anew.*

What new song might God be sending into our hearts? With sisters and brothers of different cultures, with those who rejoice and those who suffer, and even with all creation, may God *give us the courage to enter the song!*

Faithfully yours,
+ Pastor David Carlson

+ LIFE’S LANDMARKS +
Funeral
Lauri Isaacson, Jan 4

INSTALLATION OF COUNCIL FEB 2

We give thanks to God for all who offer themselves for service in Christ’s name. Please keep the Gloria Dei Council in your prayers throughout the year:

- Brett Amundson (President, Renovation)
- Julie Jagim (Vice President)
- Janet Worthing (Secretary)
- Janine Dahlquist (Treasurer)
- Kathleen Gates (Worship)
- Lexie Cieluch (Discipleship)
- Kristen Hylenski (Evangelism)
- Chelsea Froemke (Fellowship)
- Maury Aaseng (Service & Justice)
- Alice Lahti (Welcoming Ministries)
- Mark Johnson (Stewardship)
- Bev Pehkonen (Long-Range Planning)

LAKE SUPERIOR CONFERENCE ASSEMBLY FEB 16

Kenwood Lutheran Church, 3:00 pm
All pastors and voting members are asked to attend this assembly of congregations within the Northeastern MN Synod in Duluth and the North Shore. Agenda items include the nomination process for Synod Bishop in preparation for synod assembly, and the election of Conference leaders.

FEBRUARY BIRTHDAYS

- | | |
|---------------------|-----------------------|
| 1 ~ Ebba Brooks | 13 ~ Heidi Baker |
| 1 ~ Kate McDonald | 13 ~ Will Stenberg |
| 2 ~ Sharon Stenberg | 16 ~ Janine Dahlquist |
| 3 ~ Steve Dalager | 20 ~ Chelsea Froemke |
| 4 ~ Jesse Moody | 23 ~ Munda Forbort |
| 6 ~ Barb Switzer | 24 ~ Joe Birdseye |
| 6 ~ Janet Worthing | 25 ~ Amanda Alexander |
| 9 ~ Elwood Olin | 27 ~ Kent Dewey |
| 9 ~ Darci Tessier | 27 ~ Mike Pokorny |
| 10 ~ Bob Kelley | 29 ~ Stacy Lovshin |
| 11 ~ Amara Chicag | |
| 11 ~ Jim Sjolie | |

lodging and meals (supper, breakfast, lunch) is \$60; scholarship money is available. Topics will touch on worship (Season of Creation cycle A), education, and action. If interested in attending, registration forms are online at www.nemnsynod.org or see Pastor Carlson.

OUR GLORIA DEI

On Sunday morn, we hurry on our way,
To a precious Church—our Gloria Dei.
It's time again for us to meet,
As friendly ushers smile and greet.
We find our usual polished pew;
Never a seat that is strange or new.
Pastor John talks of faith and caring;
Of love and solace and sharing.
The organist plays and the choir sings
Of the promise and faith God brings.
A child squirms and her sister cries,
As a patient mother smiles and tries
To wipe away tears and banish fears;
She whispers, "You are my beloved dears."
Cheerful ushers offer plates of brass;
From person to person they will pass—
Pledges and dollars and even a penny,
To provide to the needs of many.
Old and young pass down the aisle
In a neat and orderly file;
We know that God's great love will prevail,
As we step up and kneel at the rail.
After Service, we shake hands and hug,
And drink coffee from a china mug.
Laughter and chatter can be heard;
Some serious talk and some absurd.
We look back fondly as we depart;
With warm gratitude in our heart;
For we know this jewel on the hill
Is destined to stand here still
For many and many years to come;
A safe and blessed haven for some;
As God gives his special and holy Grace,
To Gloria Dei—our hallowed place!

*Written by Ed Kallio for Gloria Dei's 125th Anniversary (1995),
submitted by Donna Kallio*

FEBRUARY LESSONS

February 2, 2014 FOURTH SUNDAY AFTER EPIPHANY

Who are the blessed ones of God? For Micah, they are those who do justice, love kindness, and walk humbly with God. For Paul, they are the ones who find wisdom in the weakness of the cross. For Jesus, they are the poor, mourners, the meek, those who hunger for righteousness, the merciful, the pure in heart, the peacemakers. In baptism we find our blessed identity and calling in this countercultural way of living and serving. Micah 6:1-8, Psalm 15, 1 Corinthians 1:18-31, Matthew 5:1-12

February 9, 2014 FIFTH SUNDAY AFTER EPIPHANY

Light shines in the darkness for the upright, the psalmist sings. Isaiah declares that when we loose the bonds of injustice and share our bread with the hungry, the light breaks forth like the dawn. In another passage from the Sermon on the Mount, Jesus, the light of the world, calls his followers to let the light of their good works shine before others. Through baptism we are sent into the world to shine with the light of Christ. Isaiah 58:1-9a, Psalm 112:1-9, 1 Corinthians 2:1-12, Matthew 5:13-20

February 16, 2014 SIXTH SUNDAY AFTER EPIPHANY

In today's reading from Deuteronomy we are called to choose life by loving and obeying God. Much of today's gospel reading echoes portions of the Ten Commandments. Jesus' instructions to the crowd reveal a pattern of behavior that honors both God and the neighbor, resulting in life and health for the whole community. We, too, are invited to embrace these commandments, not out of fear of retribution, but because God has promised that to do so means life for us. Deuteronomy 30:15-20, Psalm 119:1-8, 1 Corinthians 3:1-9, Matthew 5:21-37

February 23, 2014 SEVENTH SUNDAY AFTER EPIPHANY

In today's first reading we hear, "You shall be holy, for I the Lord your God am holy." Yet we know we cannot achieve perfection. Our attempts to love neighbors and even our enemies fall short of what God desires for us. Yet in Jesus we see one who loved even those who persecuted and killed him. We are made holy in baptism, and forgiven at the table of God's mercy. As a people made holy by God, we go in peace to love as we have been loved. Leviticus 19:1-2, 9-18, Psalm 119:33-40, 1 Corinthians 3:10-11, 16-23, Matthew 5:38-48

Join us for a look at the text for the next Sunday every Tuesday at 12 Noon in the Hillside Room. All are welcome!

MINISTRY OF WORSHIP

Worship God in proclamation of the Word and administration of the sacraments and through lives of prayer, praise, thanksgiving, witness, and service.

SAMARITAN SUNDAY, Feb 2 – Thanks for remembering: 1) canned food items to help replenish the CHUM Food Shelf, which are brought forward as part of our offering. 2) Our loose cash offering on the first Sunday has for several years gone to the Gabriel Fund, a ministry started by Gloria Dei and other Central Hillside parishes and managed through CHUM, for direct assistance to the needy.

WORSHIP & FELLOWSHIP AT ST ANN'S Each month, Gloria Dei conducts a service and fellowship time at a senior residential home. This month, Pastor David is leading a worship service on Sunday, Feb 2 at 3:00. A fellowship time is being planned for Tuesday, Feb 11 at 3:00 p.m. All are welcome to join us.

CHOIR AND ONE BREAD— The Choir *usually* rehearses every Sunday morning at 8:30, in preparation for worship at 10:00, and the normally the first Wednesday of each month—this month is Feb 5, at 7:00 p.m. For more information, please contact Stan Wold, Director of Music, 728-5925. **Thanks also to** One Bread, our worship band, for leading and accompanying worship once a month. The next Sunday planned is Feb 9—with a “Midwinter Blues” theme. Other Sundays, the liturgy will be led on organ, piano, and choir. We thank God for the gifts of all musicians at Gloria Dei!

HEALING SERVICE FEB 16 - During worship on Transfiguration Sunday, February 16, we will incorporate the Order of Healing (ELW pp. 276-78) into the service, which includes the Prayers of Intercession, the Laying On of Hands, and a Blessing.

VLM CAMP SUNDAY - MAR 2

Gloria Dei is a member congregation of Voyageur's Lutheran Ministries. Once again, we are happy to welcome VLM staff with us to tell and show us more of the great opportunities we have as part of this wonderful ministry in God's great Northwoods! They will be with us during an intergenerational Sunday School in the Hillside Rm. beginning at 8:45. Then, after worship, we'll have a cinnamon roll fundraiser to help reach our congregation's commitment (goal is \$800).

Register at www.VLMcamps.org. Gloria Dei has camperships that will provide \$75 per camper to help with the cost. In addition, there are sibling and "bring a friend" discounts, and financial assistance is available. For more information, speak to Brett Amundson or Pastor David.



STEWARDSHIP PRAYER

Almighty God, your Holy Spirit equips the church with a rich variety of gifts. Grant that we may use them to bear witness to Christ in lives that are built on faith and love. Make us ready to live the gospel and eager to do your will, so that we may share with all your church in the joys of eternal life; through Jesus Christ, our Savior and Lord. Amen.—*Prayer from Annual Meeting*

CREATION CARE SURVEY – COMPLETE BY FEB 23

This 20-question survey is designed to help our Green Team better understand and support Gloria Dei's caring for the earth as a part of how we live out our faith. It is also part of Pastor David's Doctor of Ministry coursework this semester and it would be very helpful to have as many surveys completed as possible. Members and regular visitors, and more than one family member, are welcome to participate (youth under 18 need to have permission from their parents). It is best to complete online at Survey Monkey (contact Pastor David for link: pastor@gloriadeiduluth.org). Paper copies of the survey will also be available in the foyer beginning Feb 2 those who don't have internet access. The surveys are anonymous and the results will be reported sometime later this spring. Thanks for taking the time to participate!

ARROWHEAD INTERFAITH POWER & LIGHT - meeting at Peace UCC, Thursday Feb 13, 6:30 - 9:00. An Arrowhead chapter of Minnesota's Interfaith Power & Light is being formed, and invites you to be part of the conversation. MN IPL "believes the active care of creation is integral to spiritual life and social justice. Through leadership and guidance to Minnesota's faith communities, we respond to climate change by bringing faith communities together and providing opportunities for congregations to join the growing climate justice movement." Its Goals:

1. Provide networking opportunities featuring speakers, resources, action ideas and a chance to meet with like-minded people
2. Give voice to the concerns of faith communities in public policy debates
3. Deepen the conversation about the connection between climate change and our moral call to justice

In addition to hosting Erin Pratt from MN IPL and telling the story of interfaith collaboration already happening around creation care in past months, we will show the film "Chasing Ice" (76 min) and welcome a chance for participants to share common hopes and resources. Please join us!

CREATION CARE—SYNOD RETREAT FEB 21-22, 2014 - Save the date for this overnight retreat at Camp Hiawatha, entitled, "The Next Reformation," for all people of faith who care about the earth. Cost for

more details. I mention Eldora because Ms. Helen is in Richfield.

Let me stop here for today. May the God of love who has united us continue to work in us for the glory of God. Once more I wish you all the best in 2014. Rev. Dr. Faith K. Lugazia

Dear Pastor Faith, [January 7, 2014]

Thank you so much for this correspondence! It is good to hear your family is well and that the efforts of educating these young women is making an important difference in the life of the community in Tanzania, and more accurately reflecting the *missio Dei*. We will certainly include this information and the request in our church newsletter as we seek to better accompany one another on the journey of faith with you. You are regularly in our Sunday prayers: may the light of Christ continue to be revealed in your ministry and in our partnership together. The blessings of God be with you all in 2014. Yours in Christ, Pastor David Carlson

For more information about supporting the education of women in Tanzania, please contact Eldora Recksiedler eldorarec@msn.com or 722-1349. For more about our companion parish relationship with Bukoba, Tanzania, visit our website:

<http://www.gloriadeiduluth.org/iburaparishtanzania.html>

RADIO ANNIVERSARY SUNDAY MAR 23 - Have a story to share about the Radio Broadcast? As we thank God for this ongoing opportunity of sharing the gospel through the Radio and through the Internet, and plan to celebrate 72 years on the air, we invite you to reflect on the value of this ministry and become involved: share a story, support a broadcast or a portion of the broadcast, gift a special gift of \$72 for the anniversary, consider learning what happens behind the scenes to be more hands on if you wish. Thank you for your prayerful support!

FINANCE REPORT JAN-DEC 2013

Needed per month \$16,333

per week \$3,769

Envelope Offerings

Budget, 12 months \$196,000

Actual, 12 months \$195,414 99.7%

Difference, *behind* (\$586)

Our regular offering is a sign of worship and thanksgiving for all that God has done and continues to do. In our offering, we return to God a portion of what God has so graciously entrusted to us. **THANK YOU** for remembering your offering as a regular part of your worship.



LOOKING AHEAD TO LENT 2014

Ash Wednesday, Mar 5, 7:00 p.m.

Lent Wednesday Schedule

Mar 9, 16, 23, 30, Apr 6

5:30 Soup Supper

6:00 Dwelling in the Word: "Joseph's Journey" (Genesis 37-50)

7:00 Evening Worship, Taizé prayer around the cross

NEED A RIDE/ GIVE A RIDE TO EVENING WORSHIP IN LENT?

Please note: No midday services are planned during Lent this year. If you would like to attend but need a ride in the evening, please call the church office. Also, if you can offer a ride to someone in the evening, please call the church office 722-3381.

MINISTRY OF DISCIPLESHIP

Nurture members in the Word of God so as to grow in faith and hope and love, to see daily life as the primary setting for the exercise of our Christian calling, and to use our gifts of the spirit for our life together and for our calling in the world.

INTERGENERATIONAL SUNDAY SCHOOL Feb 2 —'Tree of Life' -

The Bible is "book-ended" with two trees—one in the Garden of Eden and another in the Book of Revelation. This year, we'll be looking at those and other biblical images of trees in the Bible (stump of Jesse, family trees, the tree of the cross, for example) that speak to our lives of discipleship today. Join us once a month for singing, bible stories, crafts and conversations across the generations that will focus on one of these trees of life. February's "tree of life" is Zacchaeus and the Sycamore Tree (Luke 19).

Intergenerational Sunday School seeks to equip parents (and other adults) and kids with materials and tools to practice faith at home during the week. The other Sundays the Sunday School focuses on Scripture readings that day and Adult Faith Forum has its own schedule.

ADULT FAITH FORUM – All are welcome to join us at 8:45 in the Hillside Room before worship.

Feb 2 - Intergenerational Sunday School (see above)

Feb 9 & 16 - BYOB (Bring your own Bible) with this new monthly rotation for the forum, we will focus on particular books, themes, and people of the bible, and you are welcome to bring your own bible to mark, underline, or add notes. February's BYOB topic continues the "Timeline of the Old Testament."

Feb 23 - Guest speaker: Bishop Tom Aitken, Northeastern MN Synod - update on the synod

OASIS/CONFIRMATION - This year, in addition to discipleship practices of worship, prayer, and service, our confirmation will focus on an overview of the Bible. We meet every other Saturday from 9:00-10:30 a.m.—this month Feb 1, 15. All families with students in grades 7 & up are welcome—please speak to Pastor Dave.

RELIGION AND SCIENCE IN DIALOGUE Feb 12 - 8 a.m. at Valentini's (London Rd). Pastor Carlson facilitates a monthly discussion group in the community on the topic of Religion and Science. The group is lively and engaging and group members continually bring in their own experience to connect our readings with current events and daily life. Newcomers are welcome! February's selection is the second half of *Everybody's Story* by Loy-al Rue.

SPIRIT STUDY & CONVERSATION—Feb 12, 19, 26 - Wednesday evenings 7:00-8:15 in the Lakeside Room. What is the role of the Spirit in your life and our life together as church? How is the Holy Spirit at work in and through God's people—in Bible times and today? In three sessions, we'll unpack several Bible passages and invite conversation about the Spirit's activity: the Spirit of God in the Old Testament, in Jesus, and in Community. We'll also look at how the Spirit Creates Faith, Hope and Love. Facilitated by Pastor Carlson and Rick Troy, our framework will be based on Luther Seminary Professor Lois Malcolm's *Holy Spirit: Creative Power in Our Lives*, focusing on 2 chapters per session, with time for conversation. To obtain a copy of the book and for more information, contact Rick Troy: rtroy44@yahoo.com or 724-1695.

CHUM ANNUAL MEETING Thursday, Feb 20, 2014, 6:30-8:15 at Asbury United Methodist Church, 6822 Grand Ave. Contact Patti for ride-sharing.

FELLOWSHIP— "KOINONIA"

Manifest the unity given to the people of God by living together in the love of Christ and by joining with other Christians in prayer and action to express and preserve the unity which the Spirit gives.

THANK YOU so much Pastor David for mentioning me in the Gloria Dei prayers. It makes me very happy to know that I am being thought of. The cards I got were wonderful, and I enjoyed reading them. I am on a fast road of recovery, and I am now attending school full time again. My memory is getting better, but it isn't what it used to be. The doctors have not cleared me for sports yet but I'm getting there. Stay warm! - Frannie Bowles

GLORIA DEI QUILTERS - will meet on Tuesday Feb 4 at 6:30 p.m. in the Lakeside Room. New comers are welcome. No sewing experience necessary. For questions, call Marianne Kjolhaug at 722-1493.

THE DAMIANO CENTER NEEDS YOU! The Damiano Center is looking for volunteers for their Saturday morning bread runs. Drivers pick up surplus bakery items from Cub Foods and bring them to the Damiano Center by 9:30 a.m. Food is used for the soup kitchen that serves 300 meals daily. Please call Maria Alecia, Volunteer Coordinator, at 722-8708 x100.

EVANGELISM - WITNESS

1) Proclaim God's saving Gospel of justification by grace for Christ's sake through faith alone, according to the apostolic witness in the Holy Scripture, preserving and transmitting the Gospel faithfully to future generations. 2) Carry out Christ's Great Commission by reaching out to all people to bring them to faith in Christ and by doing all ministry with a global awareness consistent with the understanding of God as Creator, Redeemer, and Sanctifier of all.

APPRECIATION FOR EDUCATING AFRICAN WOMEN IN BUKOBA, TANZANIA

Dear Pastor David Carlsson, [January 6, 2014]

The God of peace and love be with you. Happy New Year, 2014. I believe that you and all in your family are doing well. Alpha and Omega and their dad are all fine. From 2012 October to date, I work as a lecturer at the Protestant Institute of Arts and Social Sciences in Butare, Rwanda. It is an ecumenical institute and I was sent by my church to work there. I'm the only Lutheran lecturer. Many belong to the Presbyterian and Anglican traditions. I'm sending you this email for two reasons.

Firstly, on behalf of my Diocese and especially women, I would like to thank Eldora Riecksedler and Helen Carlsson, members of Gloria Dei, for their efforts and their money to educate women in Tanzania. Ms. Eldora contacted another family from Gloria Dei to pay school fees for the secondary education to Frida Alibaliho. She also paid school fees for Alice Kagaruki and Anitha Lugumila who have just finished their secondary education with flying colors. They are both at the high school, an education that according to our system is equal to college level in the U.S. Today, Eldora is paying school fees for Eldora Machumu and Elvira Mushumba. Helen Carlsson paid for Edna who attended a short course for children's education and is teaching children at Kagarama congregation. Today she is funding full Montessori education for Mary Kahimba, who is expected to graduate this year and serve the children's work at Maruku Parish. I really thank and appreciate their work because educated women are not only benefiting their families but are also bringing changes to the whole picture of the *missio Dei* [mission of God] by their participation in it. We appreciate and thank their loving heart of serving others in their otherness.

Secondly, I am kindly asking you to encourage your people to consider serving Tanzanians in need, especially the education of women. So far, \$500 is enough for a yearly secondary education. A secondary education takes four years. Whoever might be interested can contact Ms. Eldora for

- Discomfort in other areas of the upper body – Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.
- Shortness of breath – This feeling often comes along with chest discomfort, but it can also occur without it.
- Other signs may include breaking out in a cold sweat, nausea or lightheadedness.

If you or someone you are with has one or more of these signs, call 9-1-1 immediately! Get to the hospital ASAP.

A Prayer for Valentines' Day

Gracious God, we offer our hearts to You this day to be a resting place for Your love.

Stir within us the desire to serve one another;
Restore within us the ability to forgive one another;
Finish within us the work You have begun,
And make us bearers of Your peace. AMEN

RUBY'S PANTRY JAN 16 Distribution begins at 5:30pm at 1st United Methodist (Coppertop) Church, 230 E. Skyline Pkwy. Food for people who need or want to stretch their food dollar. \$15.00 per share. Cash only. No checks or EBT cards. Bring a box to carry your food. Volunteers are always needed to help with the food distribution. Contact Sue Anderson for details.



NEIGHBORHOOD BREAKFAST—Feb 22 All are welcome to join us for our free fourth Saturday Neighborhood Breakfast on Saturday, February 22, from 9:00-10:30 a.m. in the Hillside Room. To help, please contact Carol Kelley 525-6098.

BREAKFAST TEAMS ARE BEING FORMED – Can you be a breakfast team leader? Service and Justice Committee is working toward making breakfast teams. If you have kitchen experience or a desire to be a team leader or participate in a team please contact Kristin Hylenski or Pastor David Carlson at 722-3381. It would be good if we had a handful of team leaders who could serve each month on a rotating basis.



TAX SERVICE - Gloria Dei will again be hosting one of the free tax sites in Duluth. This year Gary Olson and Tom Uecker will be preparing taxes, and Carol Uecker will be greeting clients as they arrive. Church secretary Donna will be keeping the appointment list, beginning February 5. For an appointment, call Donna at the church office, 722-3381.



WELCA News



Upcoming Events

Please join us Sunday, February 23rd for a celebration of the WELCA ministry! Have coffee and a treat while our WELCA ministries are highlighted.

+ A Taste of Russia lunch potluck on Feb 23 with guest presenter Mrs. Aleksandra Seliverstova will be an opportunity to learn more about the role of women in the Ingrian Lutheran Church of Russia. If you would like to try making a Russian a dish to share that day (so far we have about 15 people who have decided to try their hand at making a salad or appetizer) please chat with Stephanie Carlson and she can give you a recipe. The event will held in the Lakeside Room immediately following coffee hour.

+ The Bold Women Brunch will be held March 22nd in the Hillside Room. This year Every Woman has been chosen as our Bold Woman recipient – come and find out more about the work of this vital woman in the church! Details on the program will be available soon.

News

+ Thanks to Karen Bockelman for her dynamic and detailed presentation on January 11th - *Bad Women of the Bible*. 16 of us gathered to hear the story behind the story – and we left our study that day quite certain we needed more! Watch for a spring date for another opportunity to study with Karen. Who knows what intriguing topic she will bring to us next time!

+ WELCA was pleased to present warm and cozy afghans to Eldora Reckseidler and Mona Wold to honor their years of dedication and vision and mentoring in our Gloria Dei WELCA community. These women illustrate how the thoughtful, creative, hard-working and joy-filled women of Gloria Dei support each other and our church community - and move the work of the church ever outward beyond our church walls. A special thanks also to Donna Gerdes for creating the beautiful shell-patterned afghans. She has worked closely with Eldora and Mona over the years and knew exactly what pattern and colors to select! Thanks, Donna!

+ Our new WELCA directory will be issued soon. We look forward to getting this to the women of our Gloria Dei community. If you have any ideas or suggestions about the directory, please feel free to chat with Karen Kjolhaug 591-3432.

ATTENTION ANYONE WITH A FABRIC STASH - The WELCA Lutheran World Relief focus for 2014 is "Sewing Kits". Each kit will include 3 yards of cotton or cotton blend and two large spools of thread.

ANNUAL VALENTINE PARTY FEB 8 — Gloria Dei's annual Valentine Party will be held on Saturday, February 8 from noon to 2:00 p.m. A picnic lunch will be served. Our favorite fun maker, Terrence Smith will be with us for music and a variety of rousing activities. You can decorate cookies and make a Valentine for that someone special. There will be treats and prizes for all ages.



Your help is needed. We can use some pans of red jello, unfrosted heart-shaped cookies, colored frosting, cans of beans, liter bottles of soda, hot dogs and buns, and potato chips.

We also collect small prizes for all ages. These can be toys, games, etc. for children. For adults toiletries, (men and women), household items, etc. We will also have a Fish Pond once again for young children so small treats are welcome. We also need to have you there to lend a hand with these festivities. If you can help with any of the above, please contact Carol Kelley or Sue Anderson.

BOOK CLUB will meet on Monday February 17 at 10:00 in the community room. February's selection will be "Knocking on Heaven's Door" by Kate Butler and "The Cellist of Sarajevo" by Steven Galloway will be the book for the month of March.

COFFEE & CONVERSATION will take a hiatus for February and March, and reconvene in April. We usually meet on the 3rd Tuesday at 9:00 a.m. in the back room at London Road Perkins. For more information please call Marjorie Nelson.



LGBT ELDERS - This group gathers for support and fellowship and plans to meet on a regular basis as part of Gloria Dei's Welcoming Ministries. For more information, please contact Kathleen Gates gatespea@centurylink.net or 624-4589.

MINISTRY OF SERVICE

Purpose: Serve in response to God's love to meet human needs, caring for the sick and the aged, advocating dignity and justice for all people, working for peace and reconciliation among the nations, and standing with the poor and the powerless and committing to their needs.

Many Thanks - Joann McCall thanks all of the people who helped her raise funds to support the March of Dimes. Because of the huge snow storm, she didn't actually have to go to JAIL and BAIL, but your donations will help improve the health of mothers and babies. Thank you.

SOAP SOAP SOAP It's that time again. WELCA is collecting soap to be sent to Lutheran World Relief this spring. You can donate new, wrapped bars of bath size soap and place in the boxes in the Narthex or Lakeside room. Thank you!

CHAPLAIN'S REPORT – Patti Maguire

What incredibly cold weather we had in January; so many events canceled or postponed and so many people shivering. Please remember the poor and homeless in your prayers that they may find warmth and comfort during this dangerously cold winter. For those of you who knit, mittens, hats and scarves are always welcome at CHUM. If you would prefer to donate, purchased items and dollars to buy them are great too.

January was very busy. We worshiped with our friends at Edgewood Vista on January 8th. Thank you to Eldora, Carol and the McCalls for the treats and fellowship on that very cold day. Gloria Dei hosted the January Parish Nurse meeting. Sara McCumber gave an extremely pertinent presentation on medication management for Seniors. Thanks to Bev Pehkonen and Elaine Wickstrom for bringing soups and for Barb Erickson's help cleaning up.

Regardless of the cold, the Care Team continues to contact, visit and bring communion to our members. We also visit and keep track of those who are in the hospital. Sometime patients are discharged to short term care facilities or rehab without letting the church know. If you or someone you care about is moved, please notify the church. The Care Team keeps these members connected to Gloria Dei. If you would like to be part of the Care Team, please join us after church February 16th in the Lakeside Room for our annual remembrance ceremony.

FEBRUARY IS HEART MONTH

What is heart disease? Heart disease – also called cardiovascular disease and [coronary heart disease](#) – is a simple term used to describe several problems related to plaque buildup in the walls of the arteries, or atherosclerosis. As the plaque builds up, the arteries narrow, making it more difficult for blood to flow and creating a risk for heart attack or stroke. Other types of heart disease include heart failure, an irregular heartbeat – or arrhythmia – and heart valve problems. To learn more about heart disease and conditions that can lead to heart disease, heart attack or stroke, go to www.heart.org the website for the American Heart Association.

Heart attack warning signs: Some heart attacks are sudden and intense, but most start slowly with mild pain or discomfort. These signs might mean that a heart attack is happening:

- Chest discomfort – Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.